



Altered Mental Status

History

- Known diabetic, medic alert tag
- Drugs, drug paraphernalia
- Report of illicit drug use or toxic ingestion
- Past medical history
- Medications / Trans-Dermal Patches
- History of trauma
- Change in condition
- Changes in feeding or sleep habits

Signs/Symptoms

- Decreased mental status or lethargy
- Change in baseline mental status
- Bizarre behavior
- Hypoglycemia (cool, diaphoretic skin)
- Hyperglycemia (warm, dry skin; fruity breath; Kussmaul resps; signs of dehydration)
- Irritability

Differential

- **AEIOU-TIPS**
- Acidosis / Alkalosis / Alcohol
- Epilepsy - Seizure-CNS (stroke, tumor, seizure, infection)
- Infection (CNS, Sepsis, Other)
- Overdose/Toxicologic/Ingestion
- Uremia / Electrolyte abnormality
- Trauma / Head trauma
- Thyroid (hyper / hypo)
- Insulin - Diabetes (hyper / hypoglycemia)
- Psychiatric disorder
- Pulmonary (Hypoxia)
- Shock (septic, metabolic, traumatic)
- Cardiac (MI, CHF)
- Hypothermia / Hyperthermia
- Environmental exposure
- Hypoxia / Hypercarbia

