

Hypertensive Crisis

**Do not treat
hypertension in a
patient you
believe is having a
stroke.**

To be considered hypertensive crisis:

SBP > 180
OR
DBP > 120

AND

Any of the following:

- Headache
- Nosebleed
- Dizziness
- Blurry vision
- Chest pain

Confirm hypertension bilaterally

- Blood glucose level
- Body temperature
- Consider 12-lead EKG

Consider:
IV/IO Access

Consider:
Labetalol
OR
Nitropaste

ADULT:

Labetalol
20 mg, Over 2 min
Nitropaste
0.5-1 inch