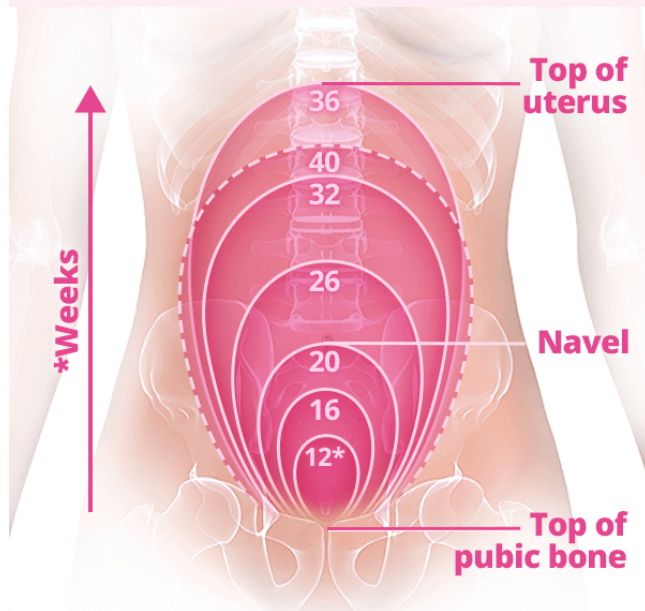


OB Fundal Height Chart

FUNDAL HEIGHT CHART

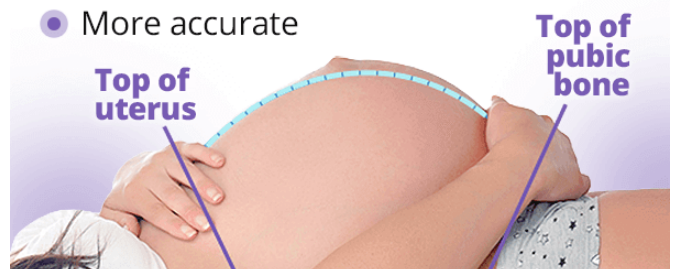
Fundal height matches the number of weeks between the 20th and 36th



HOW TO MEASURE FUNDAL HEIGHT

With a Measuring Tape

- More accurate



With the Finger Method

- Prone to errors

